## MD CANI – The 1<sup>st</sup> 75 Days

## CASE SCENARIO

Handout Number Six

## CASE PLAN AMENDED FOLLOWING DISPOSITION HEARING, UPDATED AND FILED ON May 9, 2019.

- Step 1. Obtain a substance abuse assessment and follow all recommendations.
- Step 2. Random drug screening not less than twice per month.
- Step 3. Attend individual substance abuse counseling twice per week and do a homework assignment for the counselor or a one-hour equivalent.
- Step 4. Attend substance abuse group sessions once per week.
- Step 5. Attend not less than three self-help groups per week.
- Step 6. Get a sponsor.
- Step 7. Observe one full day of adult felony drug court.
- Step 8. Obtain a psychological evaluation and follow all relevant recommendations.
- Step 9. Attend individual counseling by a master's level counselor trained in TF-CBT.
- Step 10. Continue medication management as prescribed.
- Step 11. Attend parenting class.
- Step 12. Participate with parent aide.
- Step 13. Get a safe and stable home suitable for Ms. Smith and all of her children to live.
- Step 14. Cooperate with DFCS.

## **Points for Discussion:**

- 1. Is the case plan simple enough to be understood by all?
- 2. Is the case plan specific as to who, what, where and when?
- 3. Does the case plan allow for accountability?
- 4. Do all requirements in the case plan relate directly to the reason the child cannot be maintained safely at home?
- 5. If all of the steps are achieved, will the risk to the children be reduced to a level that will allow the children to return home?
- 6. Is the case plan do-able?